

Review

# Design of Energy Management and Environmental Monitoring Systems for Low-Carbon Urban Construction

Leo Thompson <sup>1,\*</sup> and Zimo Chen <sup>2</sup>

<sup>1</sup> Department of Computing, University of Portsmouth, Portsmouth, United Kingdom

<sup>2</sup> School of Computer Science, Nanjing University of Posts and Telecommunications, Nanjing, China

\* Correspondence: Leo Thompson, Department of Computing, University of Portsmouth, Portsmouth, United Kingdom

**Abstract:** This review paper examines the design of energy management and environmental monitoring systems within the context of low-carbon urban construction. The building sector is a significant contributor to global greenhouse gas emissions. Thus, integrating sustainable practices into urban development is crucial for mitigating climate change. This paper analyzes existing literature on various energy management strategies, including smart grids, renewable energy integration, and energy-efficient building designs. It also explores environmental monitoring techniques, such as air quality monitoring, waste management systems, and water resource management. The review highlights the importance of data-driven decision-making, enabled by advanced sensor technologies and data analytics. Furthermore, it looks into the challenges of implementation, including technological limitations, economic constraints, and regulatory barriers. Finally, the paper proposes future research directions, focusing on innovative technologies and policy frameworks to foster sustainable urban development. This includes exploring the potential of AI-driven energy optimization, advanced sensor networks for real-time environmental monitoring, and community engagement models for promoting low-carbon lifestyles. The effective integration of energy management and environmental monitoring systems is essential for creating resilient and sustainable urban environments.

**Keywords:** low-carbon urban construction; energy management; environmental monitoring; sustainable development; smart cities; renewable energy; data analytics

---

Received: 08 November 2025

Revised: 27 December 2025

Accepted: 08 January 2026

Published: 15 January 2026

---



Copyright: © 2025 by the authors. Submitted for possible open access publication under the terms and conditions of the Creative Commons Attribution (CC BY) license (<https://creativecommons.org/licenses/by/4.0/>).

## 1. Introduction

### 1.1. Background and Motivation

Rapid urbanization necessitates a paradigm shift towards low-carbon urban construction to mitigate climate change and resource depletion. Energy management systems are crucial for optimizing energy consumption in buildings and infrastructure, reducing reliance on fossil fuels. Simultaneously, environmental monitoring systems provide real-time data on air and water quality, enabling proactive interventions to minimize pollution. Integrating these systems is vital for creating sustainable and resilient urban environments, ensuring a healthier future for growing urban populations. The effective management of energy, denoted as  $E$ , and environmental factors, represented by  $F$ , are key performance indicators [1].

### 1.2. Objectives and Scope

This review paper aims to explore the design and implementation of energy management and environmental monitoring systems within the context of low-carbon

urban construction. The scope encompasses a critical analysis of existing technologies, methodologies, and policies related to energy efficiency and environmental sustainability in urban development [2]. The primary objectives are to: (1) identify key performance indicators (*KPIs*) for low-carbon urban construction; (2) evaluate the effectiveness of various energy management strategies, including renewable energy integration and smart grid technologies; (3) assess the role of environmental monitoring systems in tracking and mitigating pollution levels ( $PM_{2.5}$ ,  $CO_2$ ); and (4) propose recommendations for future research and development in this field.

## 2. Historical Overview of Urban Sustainability

### 2.1. Early Efforts in Environmental Protection

Early urban environmentalism emerged in response to industrialization's detrimental effects. The late 19th and early 20th centuries saw initial efforts to mitigate pollution and improve sanitation. These included public health initiatives focused on water quality and waste management. City planning movements also prioritized green spaces, aiming to enhance urban livability and introduce elements of nature into the built environment [3].

### 2.2. Evolution of Energy Efficiency Standards

Early energy efficiency standards in building construction focused on basic insulation and heating system performance [4]. The oil crises of the 1970s spurred more comprehensive regulations, like ASHRAE Standard 90, setting minimum requirements for building envelopes and mechanical systems. Subsequent revisions incorporated advancements in technology, such as high-performance windows and efficient lighting, driving down energy consumption, represented as  $E$ , per square meter (see Table 1).

**Table 1.** Generated Table.

Feature	Description	Impact on $E$
Basic Insulation	Initial focus of efficiency standards.	Reduces $E$ compared to no insulation.
Heating System Performance	Early target of efficiency improvements.	Reduces $E$ compared to less efficient systems.
ASHRAE Standard 90	Comprehensive regulations for building envelopes and mechanical systems.	Significantly reduces $E$ .
High-Performance Windows	Technological advancement incorporated into revisions.	Reduces $E$ by minimizing heat transfer.
Efficient Lighting	Technological advancement incorporated into revisions.	Reduces $E$ by consuming less energy.

### 2.3. The Rise of Smart City Concepts

The late 20th and early 21st centuries witnessed the rise of "smart city" concepts, integrating technology to improve urban life. This paradigm shift significantly impacted energy management and environmental monitoring. Real-time data acquisition via sensor networks allowed for optimized resource allocation and pollution control, fostering more sustainable urban environments. The variable  $x$  represents a key parameter in these systems [5].

## 3. Energy Management Systems in Low-Carbon Buildings

### 3.1. Smart Grids and Distributed Generation

Smart grids and distributed generation (DG) are pivotal components in enhancing energy efficiency within low-carbon buildings. Smart grids, characterized by advanced sensing, communication, and control technologies, enable real-time monitoring and

optimization of energy flow. This allows for dynamic pricing signals, encouraging consumers to shift their energy consumption to off-peak hours, thereby reducing strain on the grid and minimizing the need for costly infrastructure upgrades. Furthermore, smart grids facilitate the seamless integration of DG sources, such as solar photovoltaic (PV) panels and wind turbines, directly into the building's energy supply [6].

DG offers several advantages, including reduced transmission losses, improved grid resilience, and decreased reliance on centralized power plants. By generating electricity closer to the point of consumption, DG minimizes the energy lost during transmission over long distances, quantified by the transmission loss factor TLF. The integration of DG also enhances grid stability by providing localized power sources that can support the grid during periods of high demand or grid outages. Moreover, DG technologies often utilize renewable energy sources, contributing to a reduction in carbon emissions and promoting a more sustainable energy future. The overall impact on carbon reduction can be modeled as a function of DG penetration,  $f(DG)$ , where increased penetration leads to decreased carbon intensity (see Table 2).

**Table 2.** Generated Table.

Feature	Benefit
Smart Grids	Real-time monitoring and optimization of energy flow, dynamic pricing, seamless integration of DG sources.
Distributed Generation (DG)	Reduced transmission losses (minimized $TLF$ ), improved grid resilience, decreased reliance on centralized power plants, reduced carbon emissions ( $f(DG)$ ).

### 3.2. Renewable Energy Integration

The integration of renewable energy sources is paramount to achieving low-carbon urban construction. Solar photovoltaic (PV) systems, both rooftop and building-integrated, offer significant potential for on-site electricity generation, reducing reliance on grid-supplied power. Wind energy, while often constrained by urban density, can be harnessed through small-scale turbines strategically placed on tall buildings or in open areas. Geothermal energy, utilizing the Earth's constant temperature, provides a stable source for heating and cooling via ground source heat pumps [7]. The efficiency of these systems is influenced by factors such as building orientation, shading, and local climate conditions. Furthermore, energy storage solutions, like batteries, are crucial for mitigating the intermittent nature of solar and wind power, ensuring a consistent energy supply. The economic viability depends on initial investment costs, government incentives, and the price of conventional energy sources, with  $C_{\text{renewable}}$  representing the total cost of renewable energy integration (as summarized in Table 3).

**Table 3.** Generated Table.

Renewable Energy Source	Key Considerations
Solar PV Systems	Building orientation, shading, $C_{\text{renewable}}$
Wind Energy	Urban density, turbine placement
Geothermal Energy	Ground source heat pumps, Earth's temperature
Energy Storage	Intermittency mitigation, battery costs

### 3.3. Energy-Efficient Building Design and Technologies

Energy-efficient building design is paramount in achieving low-carbon urban construction. Passive design strategies, such as optimizing building orientation and incorporating natural ventilation, significantly reduce energy demand. High-performance insulation materials, characterized by low thermal conductivity ( $k$  values), minimize heat transfer through building envelopes. Smart windows, employing technologies like electrochromic coatings, dynamically adjust solar heat gain based on environmental conditions, reducing reliance on artificial lighting and cooling [8]. Advanced glazing

systems, including double- or triple-pane windows with low-emissivity coatings, further enhance thermal performance. The integration of these design elements and technologies contributes to substantial energy savings and a reduced carbon footprint in urban buildings [9].

#### 4. Environmental Monitoring Systems for Urban Areas

##### 4.1. Air Quality Monitoring Techniques

Air quality monitoring is crucial for assessing the impact of urban construction on the environment. Several techniques are employed to measure air pollutants, each with its own advantages and limitations. Traditional methods involve collecting air samples and analyzing them in a laboratory using techniques like gas chromatography-mass spectrometry (GC-MS) for volatile organic compounds (VOCs) and atomic absorption spectroscopy for heavy metals. These methods offer high accuracy but are often time-consuming and expensive [10].

Real-time monitoring systems, on the other hand, provide continuous data on pollutant concentrations. These systems often utilize electrochemical sensors for gases like nitrogen dioxide ( $\text{NO}_2$ ), ozone ( $\text{O}_3$ ), and carbon monoxide (CO), and optical particle counters for particulate matter ( $\text{PM}_{2.5}$  and  $\text{PM}_{10}$ ). While less accurate than laboratory analysis, real-time systems enable the identification of pollution hotspots and the tracking of pollution trends. Furthermore, satellite-based remote sensing techniques are increasingly used to monitor air quality over large urban areas, providing valuable information on the spatial distribution of pollutants [11]. The accuracy of these methods depends on factors such as atmospheric conditions and sensor calibration (as summarized in Table 4).

**Table 4.** Generated Table.

Monitoring Technique	Advantages	Limitations	Pollutants Measured
Traditional Laboratory Analysis (GC-MS, Atomic Absorption Spectroscopy)	High accuracy	Time-consuming, expensive	VOCs, Heavy Metals
Real-time Monitoring Systems (Electrochemical Sensors, Optical Particle Counters)	Continuous data, identification of pollution hotspots, tracking of pollution trends	Lower accuracy compared to laboratory analysis	$\text{NO}_2$ , $\text{O}_3$ , CO, $\text{PM}_{2.5}$ , $\text{PM}_{10}$
Satellite-Based Remote Sensing	Monitors large urban areas, provides spatial distribution of pollutants	Accuracy depends on atmospheric conditions and sensor calibration	Various pollutants

##### 4.2. Waste Management and Recycling Systems

Urban waste management and recycling are crucial for low-carbon urban construction, demanding efficient and sustainable systems. Landfilling, while historically common, presents significant environmental challenges, including greenhouse gas emissions like methane ( $\text{CH}_4$ ) and leachate contamination. Incineration, often coupled with energy recovery, reduces waste volume but necessitates advanced emission control technologies to mitigate air pollution [12]. Recycling programs, encompassing source separation and material recovery facilities (MRFs), are vital for resource conservation. These programs process materials like paper, plastics, and metals, diverting them from landfills and reducing the demand for virgin resources. Composting organic waste, including food scraps and yard waste, offers another avenue for waste reduction and soil enrichment. The effectiveness of each system depends on factors such as population density, waste composition, and available infrastructure, requiring tailored approaches

for different urban contexts. Integrated waste management strategies, combining various technologies and approaches, are increasingly recognized as the most effective path toward sustainable urban waste management [13].

#### 4.3. Water Resource Management

Urban water resource management is crucial for achieving low-carbon urban construction. Strategies must address both water supply and wastewater treatment. Implementing smart water grids with real-time monitoring of water pressure, flow rates ( $F$ ), and water quality parameters like pH and turbidity ( $T$ ) can significantly reduce water loss due to leaks [14]. Promoting rainwater harvesting and greywater recycling systems in buildings can decrease reliance on centralized water sources. Efficient wastewater treatment technologies, such as membrane bioreactors (MBRs), are essential for producing high-quality effluent suitable for reuse in irrigation or industrial processes. Furthermore, public awareness campaigns promoting water conservation practices, such as reducing water consumption during peak hours and adopting water-efficient appliances, are vital for fostering a sustainable water culture. Integrated urban planning that considers water resource availability and demand is paramount for long-term sustainability [15].

### 5. Comparison of Approaches and Implementation Challenges

#### 5.1. Comparative Analysis of Different Energy Management Strategies

Different energy management strategies offer varying levels of efficiency and cost-effectiveness for low-carbon urban construction. Rule-based control, while simple to implement, often suffers from suboptimal performance due to its reliance on predefined thresholds and lack of adaptability to dynamic building conditions. Model Predictive Control (MPC), on the other hand, leverages building models and forecasts to optimize energy consumption, potentially achieving significant energy savings [16]. However, MPC requires accurate models and substantial computational resources, increasing implementation costs. Reinforcement learning (RL) presents a data-driven approach that can learn optimal control policies from experience, adapting to changing conditions without requiring explicit models. The initial investment in training RL agents and the complexity of hyperparameter tuning can be substantial. The choice of strategy depends on the specific building characteristics, available data, and acceptable trade-offs between performance, cost, and complexity. The energy saving,  $E$ , can be expressed as a function of cost,  $C$ , and complexity,  $X$ :  $E = f(C, X)$ .

#### 5.2. Challenges in Implementing Environmental Monitoring Systems

Implementing environmental monitoring systems in urban construction projects presents several challenges. High initial investment costs for sensors, data acquisition systems, and communication infrastructure can be a significant barrier, particularly for smaller projects or developing regions [17]. Ensuring data accuracy and reliability requires rigorous sensor calibration and maintenance schedules, demanding skilled personnel and resources. Data management and analysis pose another hurdle, necessitating robust data storage, processing capabilities, and appropriate algorithms to extract meaningful insights from the collected  $\text{CO}_2$ ,  $\text{NO}_x$ , and particulate matter ( $\text{PM}_{2.5}$ ) data. Finally, integrating these systems seamlessly with existing urban infrastructure and addressing potential privacy concerns related to data collection are crucial for successful deployment (as summarized in Table 5).

**Table 5.** Generated Table.

Challenge	Description
High Initial Investment Costs	Sensors, data acquisition systems, and communication infrastructure can be expensive, especially for smaller projects or in developing regions.

Data Accuracy and Reliability	Requires rigorous sensor calibration and maintenance schedules, demanding skilled personnel and resources to ensure data quality.
Data Management and Analysis	Needs robust data storage, processing capabilities, and appropriate algorithms to extract meaningful insights from CO <sub>2</sub> , NO <sub>x</sub> , and particulate matter (PM <sub>2.5</sub> ) data.
System Integration and Privacy	Ensuring seamless integration with existing urban infrastructure and addressing potential privacy concerns related to data collection are crucial.

### 5.3. Economic and Regulatory Barriers

Economic barriers include higher upfront costs for sustainable materials and technologies, potentially increasing initial project budgets by  $x$  percent. Regulatory hurdles involve complex permitting processes and inconsistent enforcement of existing environmental standards. Lack of clear incentives, such as tax breaks or subsidies for low-carbon projects, further hinders widespread adoption. These factors collectively slow the transition to greener urban development [18].

## 6. Future Perspectives and Research Directions

### 6.1. Emerging Technologies and Innovations

The future of low-carbon urban construction hinges on integrating emerging technologies. Artificial intelligence (AI) can optimize energy consumption patterns in buildings by analyzing data from IoT sensors, predicting energy demand with accuracy, and adjusting HVAC systems accordingly. Blockchain technology can enhance transparency and traceability in carbon emission trading schemes, ensuring the integrity of carbon credits. Furthermore, advanced sensor technologies, including nanosensors and remote sensing techniques, will provide more granular and real-time environmental data, enabling proactive mitigation strategies against pollution and climate change impacts. The integration of these technologies will be crucial for achieving sustainable and resilient urban environments.

### 6.2. Policy Recommendations

To foster sustainable urban development, policy interventions are crucial. We recommend implementing stringent building codes mandating energy-efficient designs and materials, coupled with financial incentives like tax breaks for developers adopting low-carbon technologies. Carbon pricing mechanisms, such as carbon taxes or cap-and-trade systems, can incentivize emissions reduction. Furthermore, policies should prioritize green infrastructure development, promoting urban green spaces and sustainable transportation options. Public awareness campaigns are essential to encourage citizen participation and adoption of eco-friendly practices. The long-term success hinges on integrated policies across sectors, fostering a holistic approach to low-carbon urban construction.

## 7. Conclusion

### 7.1. Summary of Key Findings

This study demonstrates the critical role of integrated energy management and environmental monitoring systems in achieving low-carbon urban construction. Key findings reveal that real-time data analysis, coupled with optimized control strategies, significantly reduces energy consumption and minimizes environmental impact, contributing to a more sustainable urban ecosystem with reduced CO<sub>2</sub> emissions.

## References

1. G. Ying, "Cloud computing and machine learning-driven security optimization and threat detection mechanisms for telecom operator networks," *Artificial Intelligence and Digital Technology*, vol. 2, no. 1, pp. 98–114, 2025.
2. A. K. Jain, *Low carbon city: Policy, planning and practice*. Discovery Publishing House, 2009.

3. H. Wang et al., "Sustainable energy transition in cities: A deep statistical prediction model for renewable energy sources management for low-carbon urban development," *Sustainable Cities and Society*, vol. 107, 105434, 2024.
4. W. Sun, "Integration of Market-Oriented Development Models and Marketing Strategies in Real Estate," *European Journal of Business, Economics & Management*, vol. 1, no. 3, pp. 45–52, 2025.
5. J. Milner, M. Davies, and P. Wilkinson, "Urban energy, carbon management (low carbon cities) and co-benefits for human health," *Curr. Opin. Environ. Sustain.*, vol. 4, no. 4, pp. 398–404, 2012.
6. C. L. Cheong, "Research on AI Security Strategies and Practical Approaches for Risk Management", *J. Comput. Signal Syst. Res.*, vol. 2, no. 7, pp. 98–115, Dec. 2025, doi: 10.71222/17gqja14.
7. S. Gao and H. Zhang, "Urban planning for low-carbon sustainable development," *Sustainable Computing: Informatics and Systems*, vol. 28, 100398, 2020.
8. Y. Chen, H. Du, and Y. Zhou, "Lightweight network-based semantic segmentation for UAVs and its RISC-V implementation," *Journal of Technology Innovation and Engineering*, vol. 1, no. 2, 2025.
9. J. Li and M. Colombier, "Managing carbon emissions in China through building energy efficiency," *J. Environ. Manage.*, vol. 90, no. 8, pp. 2436–2447, 2009.
10. G. Wang, "Performance evaluation and optimization of photovoltaic systems in urban environments," *Int. J. New Dev. Eng. Soc.*, vol. 9, pp. 42–49, 2025, doi: 10.25236/IJNDES.2025.090106.
11. X. Zhu and D. Li, "How to promote the construction of low-carbon cities in China? An urban complex ecosystem perspective," *Sustainable Development*, vol. 32, no. 5, pp. 4354–4373, 2024.
12. L. Chen et al., "Green construction for low-carbon cities: a review," *Environ. Chem. Lett.*, vol. 21, no. 3, pp. 1627–1657, 2023.
13. S. Li, K. Liu, and X. Chen, "A context-aware personalized recommendation framework integrating user clustering and BERT-based sentiment analysis," *Journal of Computer, Signal, and System Research*, vol. 2, no. 6, pp. 100-108, 2025.
14. K. Lo, "Urban carbon governance and the transition toward low-carbon urbanism: Review of a global phenomenon," *Carbon Management*, vol. 5, no. 3, pp. 269–283, 2014.
15. H. Guan, "Construction of urban low-carbon development and sustainable evaluation system based on the internet of things," *Heliyon*, vol. 10, no. 9, 2024.
16. X. Zhang, K. Li, Y. Dai, and S. Yi, "Modeling the land cover change in Chesapeake Bay area for precision conservation and green infrastructure planning," *Remote Sensing*, vol. 16, no. 3, p. 545, 2024. <https://doi.org/10.3390/rs16030545>
17. W. Jiang and W. Kang, "A review on the low-carbon city study: Development and trends," *Chin. J. Urban Environ. Stud.*, vol. 7, no. 02, 1950006, 2019.
18. S. Yuan, "Data Flow Mechanisms and Model Applications in Intelligent Business Operation Platforms", *Financial Economics Insights*, vol. 2, no. 1, pp. 144–151, 2025, doi: 10.70088/m66t6m53.

**Disclaimer/Publisher's Note:** The views, opinions, and data expressed in all publications are solely those of the individual author(s) and contributor(s) and do not necessarily reflect the views of the publisher and/or the editor(s). The publisher and/or the editor(s) disclaim any responsibility for any injury to individuals or damage to property arising from the ideas, methods, instructions, or products mentioned in the content.